



**MALDIVES ALLIED HEALTH COUNCIL**  
MINISTRY OF HEALTH  
MALÉ, REPUBLIC OF MALDIVES



MAHC/2026/SCP/CPT/OPT/9-005-b/158-V3

## **Scope of Practice: Optometrists**

The following are the scope of practices of Bachelors and Master's degree level Optometrists

### **Qualification: Bachelor's Degree, Doctor of Optometry (OD)**

Job purpose: Primary eye care practitioner. Perform comprehensive eye examination. Comprehensive eye examination will include;

1. Detailed history (ocular / general).
2. Visual acuity assessment.
3. Carry out refractions and prescribe eyeglasses, contact lenses.
4. Use diagnostic medications namely, mydiatics and cycloplegics (in indicated patients only).
5. Slit lamp examination.
6. Intra ocular pressure check (non-contact tonometry).
7. Fundus examination.
8. Examine patients with problems related to ocular motility, binocular vision, amblyopia, or strabismus and advise appropriate vision therapy.
9. Prescribe artificial tears / tears supplements for dry eye disease.
10. Conduct low vision assessment and provide low vision aids and low-vision rehabilitation.
11. Diagnosis and management of amblyopia.
12. Perform diagnostic ophthalmic procedures such as visual field testing, OCT, fundus photography, corneal topography.
13. Refer or co-manage patient whenever appropriate.
14. Perform vision screening of children in schools or community health centers.
15. Promote eye and general health by counseling patients.

## **Qualification: Master's Degree,**

Job purpose: A Master's-qualified optometrist can independently manage more complex cases, make independent clinical decisions due to advanced education and training and professional capability beyond entry-level optometry. A Master's degree qualified optometrist may, in addition to all Bachelor-level optometry duties.

1. Independently diagnose ocular disease, including formulation of differential diagnoses
2. Provide clinical sign-off for cases beyond routine primary eye care
3. Provide advanced contact lens services, including management of irregular corneas and post-surgical eyes
4. Provide advanced myopia control therapies in children
5. Lead advanced binocular vision and strabismus management, including non-surgical treatment and post-operative care
6. Deliver vision therapy and prism therapy for complex binocular vision disorders, including amblyopia
7. Lead or be clinically in charge of subspecialty optometry clinics (e.g. binocular vision, low vision, pediatric optometry, contact lenses)
8. Develop, authorize, and review optometric clinical protocols, referral pathways, and management guidelines
9. Lead clinical audits, quality assurance, and patient safety initiatives for optometry patients
10. Act as primary clinical supervisor for Bachelor-qualified optometrists, interns, and students
11. Lead mentoring and professional development activities
12. Provide education and training to health and medical students, interns and optometrists
13. Lead continuing professional development programs in optometry
14. Lead or independently conduct clinical and health-services research in optometry and eye care
15. Design, lead, and evaluate community and national eye-health programs, including screening initiative.
16. Provide expert input into eye-health policy, service planning, and workforce development

**Important reminder:** As for all allied health professionals' optometrists registered with the Maldives Allied Health Council are expected to follow the councils **Standards of Conduct, Performance and Ethics**. In particular optometrists must act within the limits of their knowledge, skill and experience and appropriately refer a patient for further professional advice or treatment if the task is beyond the scope of his/her practice. Also, they should also act in the best interest of the patient and must not do, or allow anything harmful or dangerous to be done to a patient.

