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MALDIVES  
NURSING AND  
MIDWIFERY COUNCIL

## Competency Exam Information for Registered Nurses

This is to inform that “The Maldives Nursing and midwifery Council (MNMC)” has announced competency exam for diploma level and above nurses who are newly applying for registration.

### From 19th March 2018 Onwards:

- ❖ It will be mandatory for all newly applying nurses (both Expatriate & Maldivian) to pass the exam in order to obtain registration and license.
- ❖ Registration and Practicing License will be provided upon passing the exam only.
- ❖ All nurses newly applying for registration (both Expatriate & Maldivian) will be provided with a provisional registration and license of 6 months or until competency exam is cleared.
- ❖ **Pass marks for the exam is 75% of the total percentage.**
- ❖ Nurse, who are not able clear the exam within six (6) months will be denied of any form of registration and will be eligible only after one year.
- ❖ Nurses who are not able clear the exam within six months are **no longer eligible** for provisional registration.
- ❖ Maldivians nurses who upgrade from an Advanced Certificate level to Diploma level and above must clear the exam. However, Maldivian nurses with a MNMC registration (Category A and B) who upgrade from Diploma level and to Degree or above do not have to do the competency exam.
- ❖ A person whose name appears on the Council’s register, but has not been in the clinical/service as a nurse/midwife for a period of 2 (two) years or more, must clear exam when applying to renew the license.
- ❖ The examination will test competencies in relation to the key areas of responsibility stated in the competency standards of nursing practice in the Maldives.
- ❖ Competency exam is conducted by the MNMC in collaboration with The Maldives National University (MNU). Information, application form for this exam will available in Ministry of health website and exam schedules will be checked from the MNU

[www.health.gov.mv](http://www.health.gov.mv)

[www.mnu.edu.mv](http://www.mnu.edu.mv)

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<https://www.facebook.com/MaldivesNursingandMidwiferyCouncil>

## **Procedure**

1. Complete and submit application form for 'Competency Exam for Nurses'
2. You will receive an e mail from MNMC regarding the venue, date and time of exam
3. Collect 'Statement of Entry' within the time frame indicated in the e-mail
4. Candidates must acknowledge the receipt of e –mail by MNMC
5. Submit your requisition slip to Maldives National University and complete payment and payment should be done 24 hrs prior to exam ·
6. Payment for Exam,
  - Local: MVR 1000
  - Expatriate: MVR 2000
7. Participate in the Exam on the date indicated in 'Statement of Entry' slip.
8. Exam results will be informed to you within 2 weeks

**Competency exam assesses the essential professional knowledge, skill and attitudes required for safe and effective nursing and midwifery practice in the Maldives.**

## **The key areas are:**

1. Fundamentals of Nursing Theory and Practice
2. Anatomy and physiology
3. Pharmacology
4. Microbiology
5. Communication and critical thinking applied to nursing care
6. Community health Nursing Theory and Practice
7. Mental Health, Psychiatric and Psychosocial Nursing
8. Pediatrics Nursing Theory and Practice
9. Medical and Surgical Nursing Theory and Practice
10. Reproductive Health Nursing Theory and Practice



11. Management and leadership Theory and Practice
12. Research and evidence based nursing for quality of nursing care

## Competency Exam Sample Questions

- 1) The nurse observes the patients breathing for signs of distress. Observation comes under what part of physical examination:
  - a) Inspection
  - b) Palpation
  - c) Auscultation
  - d) Percussion
- 2) An accumulation of blood and fluid in the pleural cavity between the parietal visceral pleurae is known as
  - a) Pneumothorax
  - b) Emphysema
  - c) Hemothorax
  - d) Hypoxemia
- 3) An 11-year old admitted for treatment of an asthmatic attack. Which of the following indicates immediate intervention is needed?
  - a) Thin, copious mucus secretions
  - b) Productive cough
  - c) Intercostal retractions
  - d) Respiratory rate of 20 breaths/minute
- 4) You are taking care of a patient with a fracture involving both legs and hips. Skeletal traction was applied to her right femur. The patient asks you why her leg is in skeletal traction instead of being placed in a cast. Which of the following would be your best response?
  - a) “a cast cannot be placed on your leg because of the location of the fracture”
  - b) “your leg will be in traction until it heals so it remains in perfect alignment”
  - c) “skeletal traction will align the bones so they can be surgically repaired using special nails and plates”
  - d) “all femoral fractures are treated with skeletal traction”

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- 5) After a nurse gives a new medication to a client, nausea and one episode of vomiting occurs. Which term would be most accurate for documenting this response?
- Side effect
  - Iatrogenic reaction
  - Toxic reaction
  - Teratogenic effect
- 6) Which factor is most important for the nurse to assess when evaluating the effectiveness of a patient's drug therapy?
- Patient verbalizes compliance with drug therapy
  - Patient verbalizes satisfaction with the drug
  - Cost of the medication
  - Evidence of therapeutic benefit
- 7) A patient is receiving amoxicillin. You know that the action of this drug is by:
- Inhibition of protein synthesis
  - Alteration of membrane permeability
  - Inhibition of bacterial cell-wall synthesis
  - Alteration of synthesis of bacterial ribonucleic acid
- 8) A client who has a history of an inguinal hernia is admitted to the hospital with a sudden severe abdominal pain, vomiting and abdominal distention. The nurse should assess the client further for which of the following complications?
- Peritonitis.
  - Incarcerated hernia.
  - Strangulated hernia.
  - Intestinal perforation.
- 9) Which of the following is a priority nursing diagnosis for the diabetic client who is taking insulin and has nausea and vomiting from a viral illness or influenza?
- Imbalance nutrition: Less than body requirements.
  - Ineffective health maintenance related to ineffective coping skills.
  - Acute pain.
  - Activity intolerance.

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- 10)** Which of the following techniques does the nurse avoid when changing a client's position in bed if the client has hemi paralysis?
- a) Rolling the client onto the side.
  - b) Sliding the client to move up in bed.
  - c) Lifting the client when moving the client up in bed.
  - d) Having the client help lift off the bed using a trapeze.